



# VIRTUE

## A Catholic Way of Life

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“Seek to be like Him who made us!”

“Blessed are the poor in spirit, for theirs is the kingdom of heaven!” Mat. 5: 3-12.

We are made in the image of God. This calls us to live our lives based on a moral standard in relationship to Him. He has given us an immortal soul, and intelligence with reason to understand the order of things good and bad. He has given us free will to chose to love Him, to chose to do good. Original sin has weakened the will and inclines it toward sin. Baptism open us to grace, giving us the strength to do good and avoid evil.

### Formation of Conscience

**Creed:** \_\_\_\_\_

**Sacraments:** \_\_\_\_\_

**Commandments:** \_\_\_\_\_

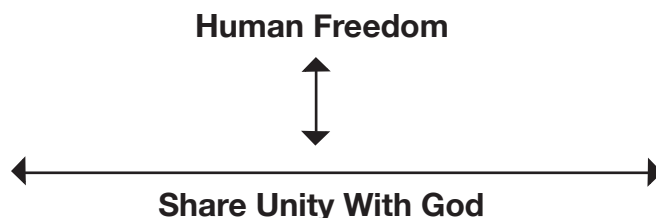
### Made in the Image of God!

**Soul:** \_\_\_\_\_

**Reason:** \_\_\_\_\_

**Free Will:** \_\_\_\_\_

Freedom of will calls us to a moral responsibility. It calls us to form our conscience in the will to do good. The most effective way to grow in freedom is to form a moral (good) conscience by performing good acts.



### Grow in Freedom - Being Moral

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Sin is an offense against the one who created us. Such offenses are mortal sin: a gravely serious act, done with full knowledge, and a deliberate intention to do it anyway. Mortal sin destroys our relationship with God. Venial sin is a turning from the moral order that is less serious. Sin without repentance weakens our will for future temptations.

**Moral Acts**

**The Object of the Act: (Outside)**

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**The Subjective Intentions: (Inside)**

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**Sin is a Reality**

*“Sin is an offense against reason, against God, and against neighbor.”*

**Mortal/Venial Actions**

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## Good Conscience

*“Judgement of reason by which the person recognizes the moral quality of an act.”*

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## Moral Conscience

### Demands...

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The path to God is the path of practicing virtue. Virtue is the habit of good. Not only in performing good acts, but by giving all of yourself to it. If you truly seek not to sin, you practice virtue. Virtues offer a moral order that develops a good conscience.

## Virtues

Cardinal Virtues (Human-Cardo)

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Theological Virtues

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**1. What are the ways by which we form a good conscience?**

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**2. What is the role of the Church in this process?**

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**3. How are we created in the image of God?**

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**4. What are virtues and how do they make a difference in our lives?**

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**What did you learn from this session on Virtue?**

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